

A to Z Recycling

Green Tips



20 Easy Ways to Start Being Green

1. **Save energy and water** whenever you have the opportunity. Make it a habit.
2. **If it glows, unplug it 'til you use it again.** Use a power strip to make it easy.
3. **Reuse everything you can** - from plastic Ziplocs to old towels, t-shirts, and washcloths.
4. **Waiting in a carpool line?** Dress for the weather and turn off the car.
5. **Grocery shopping?** Take your own bag, recycle ones you already have, or buy one there.
6. **Need produce?** Buy from a local grower - it's healthier, cheaper and better for the planet.
7. **Cleaning?** There's nothing white distilled vinegar, liquid detergent and baking soda can't tackle.
8. **Thirsty?** Buy an organic drink in a glass bottle, a water filter for the fridge, and reuse the bottle instead of buying plastic bottles that are hard to recycle.
9. **Draft under the door?** Roll up an old towel and block it.
10. **Spill something?** Use old washcloths instead of paper towels and wash them once a week.
11. **Switch a 75 watt light bulb to a 25 watt CFL,** which converts its energy into light instead of heat.
12. **Entertaining?** Have your guests write his or her name on disposable cups.
13. **Remodeling?** Choose paint with low VOCs and buy only energy-efficient appliances.
14. **Don't want it? Donate it.** Many charities will come pick it up.
15. **Make recycling easy for the family.** Create space for it in the kitchen.
16. **Eat one vegetarian meal a week.** It's easier on the environment to raise produce than animals.
17. **Widen the margins on your Word docs.** Go to File, Page Setup, and adjust the lefts and rights.
18. **Going to the coffee shop?** Reuse the cup sleeves.
19. **Got too much junk mail?** Hop off the list - www.dmaconsumers.org
20. **Doing laundry?** If it doesn't stink and isn't stained, don't wash it just yet. Adopt a new attitude.



